

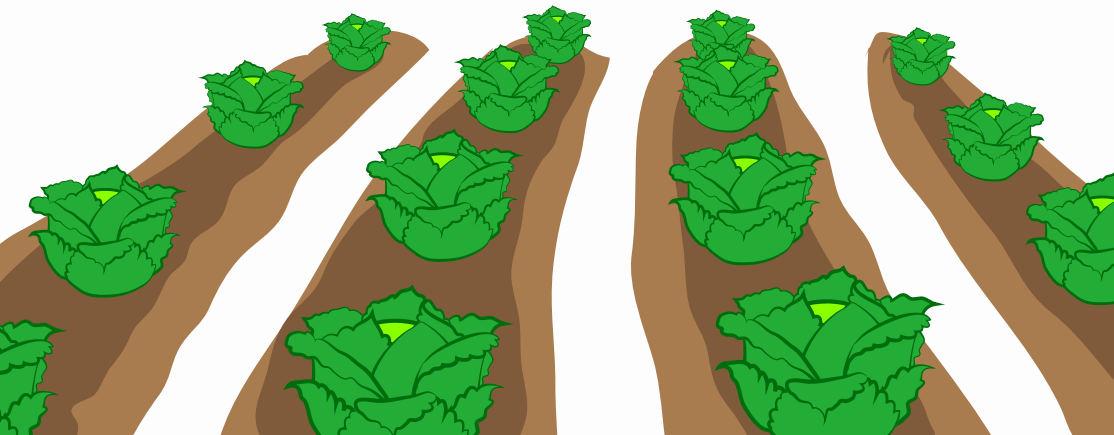
SELMA GROWS...

FROM THE GROUND UP!

Urban
Farming.

Gardening.

Food
Equity.



WHY GARDENING MATTERS?

Growing your own food builds health, saves money, and creates independence. In places with limited access, like Selma, gardening becomes power.

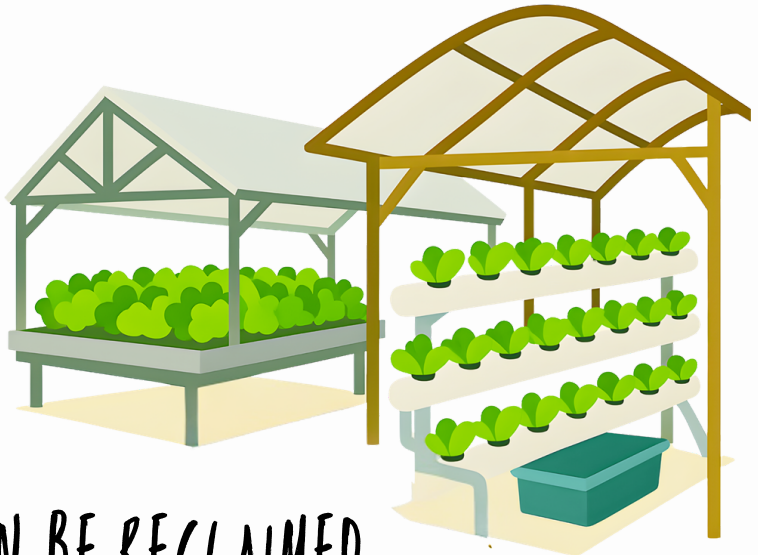


FOOD
IS
FREEDOM!

WHAT IS URBAN FARMING?

Urban farming means growing food in neighborhoods using yards, vacant lots, and shared spaces.

It turns unused land into nourishment.



LAND CAN BE RECLAIMED.

YOU DON'T NEED MUCH TO BEGIN!

1. Choose a sunny
spot



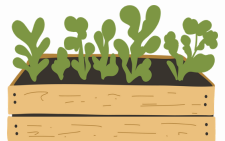
2. Start with easy
crops!

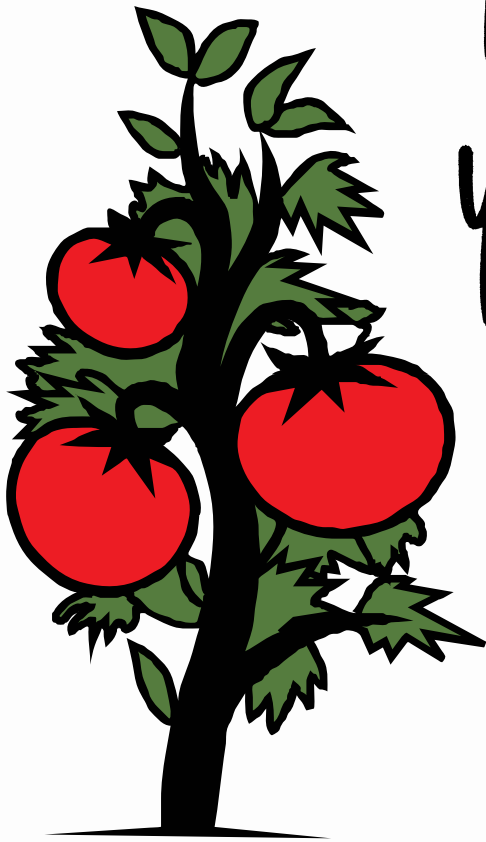
START WHERE YOU ARE!



4. Water
consistently!

3. Use pots, beds, or
buckets!





SMALL
GARDENS
MAKE BIG
IMPACT.

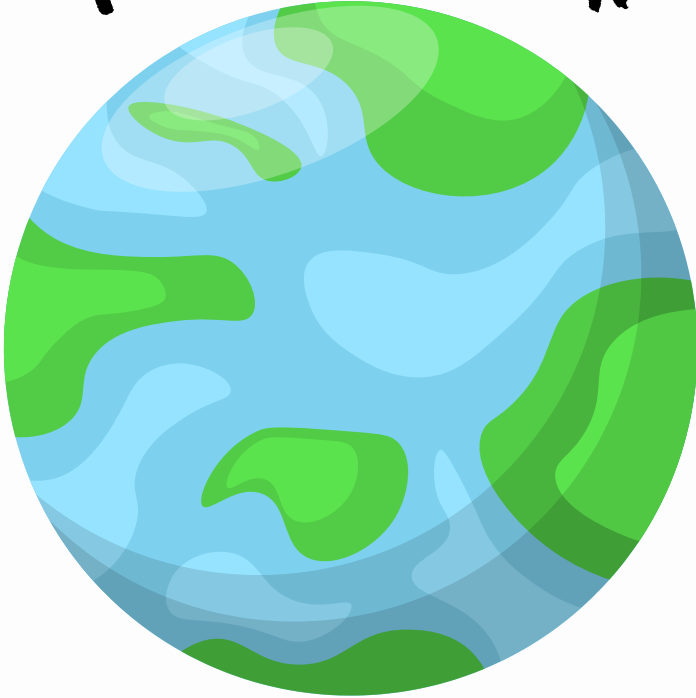
GROW WHAT YOU'LL EAT!

Fresh food at home
means fewer trips
and healthier
meals.

Start small and
grow foods you use
often.

Preserve extras by
freezing or
sharing.

FOOD EQUITY!



Food equity means everyone deserves
access to fresh, healthy food.
Gardening helps close the gap when
stores don't.

ACCESS IS JUSTICE.

WE GROW TOGETHER!

Community gardens and cooperatives allow people to share land, tools, and knowledge.

This lowers costs, builds skills, and keeps food and resources in Selma.



COLLECTIVE GROWTH BUILDS
COLLECTIVE POWER.



WHAT CAN WE DO?

Plant something.

*Support local growers and the farm
cooperative.*

Share food. Share knowledge.

THE FUTURE IS ROOTED IN COMMUNITY.



This zine is a part of the "Roots of Injustice" series.